

# Ferns



## *Do's*

- Keep the soil moist but not waterlogged
- Give them a go if you haven't grown them before, they're beautiful and very easy to grow with attractive foliage
- Grow them in part sun or full shade
- For indoor Ferns stuff moist moss between the pot and the decorative pot to increase humidity around the plant
- Encourage good circulation and airflow around the crown of your Ferns
- Mix in leaf-mould when planting
- Use a 3 part mix in pots - John Innes No.3, Organic Matter and Grit sand

## *Don'ts*

- Worry about Deer or Rabbits as they're resistant
- Let the soil dry out too much and if it does then look at re-positioning them
- Overfeed and when you do feed use well rotted manure or rotted compost
- Just plant them on their own they make great companions with Hostas and other shade loving plants
- Just grow them outdoors there's also lovely varieties for inside your home
- Grow tree ferns anywhere else apart from a sheltered woodland position

*"How lovely the silence of growing things"*

# Where to plant?



## WOODLANDS

Ferns are a natural choice in a woodland. Choose somewhere that isn't too dry, where there may be a stream or a damp area. Plant an array of sizes and mix them in with other plants

## POTS & WALLS

Ferns make great container plants especially in a shady place where you have limited choices. Other species are also suited to growing in old drystone walls with lime mortar

## HANGING POTS

You may not have a windowsill or shelf so ferns look beautiful in hanging pots. Hang somewhere out of direct light and keep moist. Different species have different growth habits

## BATHROOMS

A great choice for bathrooms thriving in the moist humid environment. You can add style with the choice of outer you use for your pot, matching your interior colours

# Which to Choose?



## DRYOPTERIS

A good choice with several different varieties suited to outdoor or indoor climates. Deciduous habit so dying back in the Autumn with new fronds appearing in the Spring

## POLYSTICHUM

These bear beautiful fronds covered in lots of tiny hairs. Most of them have more of a spreading habit and they are suited to growing outdoors. Again deciduous in habit and quite unique

## MATTEUCIA

Commonly known as the Shuttlecock Fern it has a striking habit and gently suckers forming a clump yet don't worry it isn't invasive. Combine with Rodgersias and Hostas and other shade loving plants

## ADIATUM

Perfect for indoor use along with lots of other varieties grown inside The Glasshouse at Holden Clough. Position out of direct light to prevent the fronds being scorched by the sun

*Ferns are Some of the Oldest Plants in the World*