

Herbs



Do's

- Pick varieties which we grow as they are suited to our northern climate
- Feed with a natural liquid fertilizer every few weeks to encourage fresh new growth
- Always include Rosemary as it has many culinary uses
- Water regularly but always check the soil first an inch down before watering
- Plant anywhere in pots or containers, living walls or create a Herb garden
- Use slow release fertiliser in pots
- Trim regularly for fresh new growth

Don'ts

- Grow herbs indoors as they prefer the direct sunlight which they get outside
- Shy away from mixing different herbs up in the same pot they combine well
- Plant Mint in the ground. Use a pot or sink a pot into the ground to restrict it
- Over water always check first
- Grow them in shade the more sun the better healthy new growth
- Remove too much foliage when foraging as they need some leaves left to regenerate new foliage
- Don't plant them in tiny pots

"A garden feeds more than the table, it feeds the soul"

Which to choose?



ROSEMARY

With its many uses it's a great choice. Plant in a sunny position and there are upright and trailing varieties available. Regular trimming ensures regeneration of shoots from low down



MINT

The backbone of any herb garden but it has a vigorous rate of growth so restrict it in a pot either above ground or sink it into the ground. Available in a range of flavours from Spearmint and Peppermint through to Chocolate or Strawberry Mint



THYME

Great for trailing over the edge of a pot or flower bed, there's also low growing varieties which grow well between flagstones and they smell great when trodden on. Plant in a sunny aspect and trim regularly



FENNEL

Available in bronze and green leaf forms Fennel is commonly used in Herb gardens and also planted with other flowering perennials as it has beautiful attractive foliage and flowers which are also great for drying



LAVENDER

With its beautiful flowers it's great in a sunny position. Mix in plenty of grit sand when planting to help increase the drainage and reduce the nutrients level as Lavenders like the soil 'poor'



BASIL

Plant outside once the frosts have passed. Basil has many culinary uses with its different forms. It also has many health benefits including healthy digestion and detoxing the body plus benefitting the skin



PARSLEY

Parsley makes the perfect garnish and is a bi-annual, flowering in its second year. Plant in a fertile soil with good drainage. Trim regularly to keep the vigour and regeneration



CHIVES

A superb long lasting Herb, it produces beautiful displays of flower in late Spring. Trim and use in cooking or salads and plant in a sunny position. Great for bees and wildlife



Holden Clough
NURSERIES
SINCE 1927

Herbs Available & All Grown Outside in Lancashire